Sugary Drinks



School Strategies School districts can go further than local, state, and federal requirements to limit sugary drinks and increase water access.

Marketing Restrictions at Schools

School districts can limit marketing of foods and beverages on school property.

Child Care and After School Restrictions Child care and after school

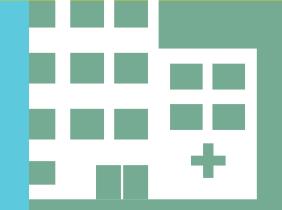
programs can limit sugary drinks and increase water access.

MARKET



Licensing Retailers

A local licensing law could place restrictions on sugary drink sales and encourage the sale of healthier beverages.



Screening and Counseling Routine medical and dental appointments could help raise awareness about the risks of excess consumption of sugary drinks.





www.CA4Health.org

To learn more, refer to our brochure on the topic at www.changelabsolutions.org Made possible by CA4Health, a project of the Public Health Institute, with funding from the Centers for Disease Control and Prevention. ChangeLab Solutions is a nonprofit organization that provides legal information on matters relating to public health. The legal information in this document does not constitute legal advice or legal representation. For legal advice, readers should consult a lawyer in their state. © 2013 ChangeLab Solutions

Drinking Water Access

School districts and local governments can adopt a variety of policies to encourage fresh drinking water as an alternative to soda and other sugary drinks.

Government Purchasing

Public institutions can limit sugary drink purchasing through "healthy vending" and other procurement policies.

WELLNESS PROGRAM

Voluntary Organizational Policies

Companies, nonprofits, and other organizations can adopt policies to discourage sugary drink intake, including wellness programs and healthy vending/catering guidelines.

