

ChangeLab Solutions

Our mission is to create healthier communities for all through equitable laws and policies.

Who We Are

ChangeLab Solutions is a nonpartisan, nonprofit organization that uses the tools of law and policy to advance health equity. We partner with communities across the nation to improve health and opportunity by changing harmful laws, policies, and systems. Our interdisciplinary team works with community organizations, governments, and local institutions to design and implement equitable and practical policy solutions to complex health challenges.

Our Work

We can help you achieve your health equity goals so that everyone in your community can achieve their full health potential.

WHY WE DO THIS WORK: Health Equity

At ChangeLab Solutions, we believe that the most powerful risk factors in health are laws and policies that have perpetuated racism, discrimination, and segregation throughout our nation's history. Using the tools of law and policy, we can undo the fundamental drivers of inequity and thereby increase health equity.

WHAT WE BRING: Expertise & Evidence

We share our knowledge of what is effective for advancing health-promoting policies. Our diverse team works across sectors and disciplines, bringing legal, policy, and planning expertise to inform our work. Our solutions in service of health and equity are grounded in evidence, legal precedent, and community-led change efforts. And our free online library offers legally sound policies with a proven track record of implementation.

HOW WE WORK: Collaboration & Partnership

We believe that complex problems are best solved through partnerships across multiple disciplines and sectors in order to maximize collective resources, apply mutual learning, and align actions to advance health equity. To help communities improve their health, we provide individualized services that complement and leverage community knowledge and strengths.

WHAT WE OFFER: Legal Know-How + Strategies That Make Policies Work

Our interdisciplinary team can create custom legal or policy research, analyses, case studies, or products tailored to your issue or community. Our trainings help communities build knowledge and skills to effect change, even after the trainings are over.

Our Services

Research & Analysis

Policy analysis and legal research to answer critical questions about financing, enforcement, and impact

[Sugary Drink Warning Labels: A legal update](#)

This legal update describes important takeaways from 3 recent court cases that are relevant to sugary drink warning labels as an emerging policy strategy.

[Equity First: Conceptualizing a normative framework to assess the role of preemption in public health](#)

A journal article in *The Milbank Quarterly* proposes development of an equity-first framework to help establish evidence-based criteria for evaluating whether preemption will enhance or inhibit equity.

Policy & Strategy Development

Tailored development of model policies and laws; guidance in forming, improving, and assessing strategies for change

[A Blueprint for Changemakers: Achieving health equity through law & policy](#)

This resource presents legal strategies and best practices to help policymakers, practitioners, and communities address inequities and improve health outcomes.

[Prioritizing Health & Equity in Planning](#)

Our planning resources can help planners, decisionmakers, and their partners promote health equity in their communities.

Individualized Coaching

Guidance on some or all of the policy process – from identifying your policy needs and building support to implementing and evaluating a recently adopted policy

[New Rhode Island Law Says “No” to Junk Food Marketing in Schools](#)

ChangeLab Solutions provided technical assistance and model legislation to the American Heart Association in Rhode Island with the goal of passing statewide legislation to shield school kids from marketing of foods and beverages that do not meet federal nutrition standards.

[The Fight for Health Equity in California's Central Valley](#)

ChangeLab Solutions supported Cultiva La Salud's efforts by offering technical assistance and guidance on how to drive more equitable infrastructure investment and how to participate in the development of Fresno's Active Transportation Plan, which aims to make walking and biking safe and accessible for all.

Training & Capacity Building

In-person training sessions or online webinar series for legal and non-legal audiences on public health law, policy development, or specific issues

[Public Health Law Academy: Free trainings to advance skills & competencies in public health](#)

These trainings provide a deeper understanding of the use of law and policy to improve population health outcomes.

[Health in All Policies: Collaborating across sectors to improve health](#)

These resources are intended for anyone interested in building the capacity of governments and communities to promote health through more collaborative and efficient policymaking.

Communities of Practice

Convening and facilitation of working groups, multidisciplinary collaborations, or community stakeholders to discuss an issue or work toward a common goal

[Uprooting the Structural Drivers of Health Inequity](#)

Six deep-dive discussions connect the drivers of health inequity to policy change in key areas: community health, employment, education, planning, food systems, and housing.

[The Health & Housing Starter Kit: A guide for public health departments, housing authorities, and hospitals](#)

This guide was developed to help local institutions take their first steps toward creating bold and innovative health and housing initiatives.

Product Development

Development of visually engaging, user-friendly fact sheets, guides, and infographics that advance new ideas and translate complex concepts into actionable solutions

[Planning for Healthy, Equitable Communities \(infographic series\)](#)

These 3 infographics are for public health practitioners who wish to partner with urban and regional planners as well as learn about how planning affects health and equity.

[Legal & Policy Strategies for Health Care & Food System Partners](#)

This guide provides strategies for creating just and resilient food systems through cross-sector partnerships.

Want to learn more about our products and services?

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