

ChangeLab Solutions

Our mission is to create healthier communities for all through equitable laws and policies.

Who We Are

ChangeLab Solutions is a national organization that advances equitable laws and policies to ensure healthy lives for all. We prioritize communities whose residents are at highest risk for poor health. Our multidisciplinary team of lawyers, planners, policy analysts, and other professionals works with state and local governments, advocacy organizations, and anchor institutions to create thriving communities.

Our Work

We can work with you to develop equitable laws, policies, and strategies for change, so that everyone in your community — no matter who they are or where they live — can lead a healthy life.

WHY WE DO THIS WORK: Health Equity

We strive to give everyone a fair chance to live a healthy life. For far too long, laws and policies have been used to promote the health of some, but not all. We focus on undoing the harms of structural racism and other forms of institutionalized discrimination. Our work creates lasting change by grounding law and policy in local needs.

WHAT WE BRING: Expertise & Evidence

We share our knowledge of what is effective for advancing health-promoting policies. Our diverse team works across sectors and disciplines, bringing legal, policy, and planning expertise to inform our work. We offer guidance, technical assistance, and research, all grounded in best practices. And our free online library offers legally sound policies with a proven track record of implementation.

HOW WE WORK: Collaboration & Partnership

We believe that collaborative partnerships are necessary to solve multifaceted public health problems. We learn from those we work with, expanding our capacity and knowledge to better serve others. Our goal is to help communities improve their health by providing individualized services that complement and leverage community knowledge and strengths.

WHAT WE OFFER: Legal Know-How + Strategies That Make Policies Work

We help communities solve complex issues. Our multidisciplinary team can create custom research, analyses, case studies, or products tailored to your issue or community. Our trainings help communities build knowledge and skills to effect change, even after the trainings are over.



Our Services

Research & Analysis

Policy analysis and legal research to answer critical questions about financing, enforcement, and impact

[Sugary Drink Warning Labels: A legal update](#)

This legal update describes important takeaways from 3 recent court cases that are relevant to sugary drink warning labels as an emerging policy strategy.

[Equity First: Conceptualizing a normative framework to assess the role of preemption in public health](#)

A journal article in *The Milbank Quarterly* proposes development of an equity-first framework to help establish evidence-based criteria for evaluating whether preemption will enhance or inhibit equity.

Policy & Strategy Development

Tailored development of model policies and laws; guidance in forming, improving, and assessing strategies for change

[A Blueprint for Changemakers: Achieving health equity through law & policy](#)

This resource presents legal strategies and best practices to help policymakers, practitioners, and communities address inequities and improve health outcomes.

[Long-Range Planning for Health, Equity & Prosperity: A primer for local governments](#)

This guide poses a series of questions in order to provoke thoughts on how planners can prioritize health and equity in their work.

Individualized Coaching

Guidance on some or all of the policy process – from identifying your policy needs and building support to implementing and evaluating a recently adopted policy

[New Rhode Island Law Says “No” to Junk Food Marketing in Schools](#)

ChangeLab Solutions provided technical assistance and model legislation to the American Heart Association in Rhode Island with the goal of passing statewide legislation to shield school kids from marketing of foods and beverages that do not meet federal nutrition standards.

[The Fight for Health Equity in California's Central Valley](#)

ChangeLab Solutions supported Cultiva La Salud's efforts by offering technical assistance and guidance on how to drive more equitable infrastructure investment and how to participate in the development of Fresno's Active Transportation Plan, which aims to make walking and biking safe and accessible for all.

Training & Capacity Building

In-person training sessions or online webinar series for legal and non-legal audiences on public health law, policy development, or specific issues

[Public Health Law Academy: Free trainings to advance skills & competencies in public health](#)

These trainings provide a deeper understanding of the use of law and policy to improve population health outcomes.

[Health in All Policies: Collaborating across sectors to improve health](#)

These resources are intended for anyone interested in building the capacity of governments and communities to promote health through more collaborative and efficient policymaking.

Communities of Practice

Convening and facilitation of working groups, multidisciplinary collaborations, or community stakeholders to discuss an issue or work toward a common goal

[Building Healthy, Equitable Communities Series](#)

In 7 virtual trainings with government and community leaders, we explore how law and policy changes backed by community power can advance health equity in a range of areas.

[The Health & Housing Starter Kit: A guide for public health departments, housing authorities, & hospitals](#)

This guide was developed to help local institutions take their first steps toward creating bold and innovative health and housing initiatives.

Product Development

Development of visually engaging, user-friendly fact sheets, guides, and infographics that advance new ideas and translate complex concepts into actionable solutions

[Planning for Healthy, Equitable Communities \(infographic series\)](#)

These 3 infographics are for public health practitioners who wish to partner with urban and regional planners as well as learn about how planning affects health and equity.

[Sugary Drink Strategy Playbook: Reducing sugary drinks to promote community health & equity](#)

This guide provides an overview of 10 strategies that communities can use to reduce consumption of sugary drinks.

Want to learn more about our products and services?

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