

Planning for Healthy, Equitable Communities

Most things that we experience every day in our communities are the result of planning decisions.



| ELEMENTS OF COMMUNITIES | HOUSING | TRANSPORTATION | PARKS & OPEN SPACE | EDUCATION | FOOD |
|--|---|--|--|---|---|
| <p>PLANNING PRACTICES & POLICIES THAT HARM HEALTH</p> <p>Planning practices often benefit some communities while burdening others. The differences can be stratified by income and race/ethnicity.</p> | <p>Discriminatory housing policies lead to residential segregation, insufficient affordable housing, and poorly maintained housing.</p> | <p>Auto-oriented planning leads to over-reliance on cars for travel and neighborhoods that lack infrastructure for walking, biking, or public transit.</p> | <p>Inequities in budgeting lead to neighborhoods with poor access to safe and well-maintained parks, playgrounds, and open spaces.</p> | <p>Policies perpetuating residential segregation lead to under-resourced schools, and neighborhood designs (eg, poor walkability) isolate school communities.</p> | <p>Land use decisions create poor access to affordable, nutritious foods.</p> |
| <p>PLANNING PRACTICES & POLICIES THAT IMPROVE HEALTH</p> <p>Planners and public health practitioners can remedy past harms through equity-forward planning practices, authentic and inclusive community engagement, and cross-sector collaboration.</p> | <p>Plan mixed-income neighborhoods by preserving, protecting, and expanding affordable housing.</p> | <p>Invest in multimodal transportation networks to serve neighborhoods that historically have lacked capital investment.</p> | <p>Increase access and availability of high-quality parks, playgrounds, and open spaces, especially in underserved neighborhoods.</p> | <p>Design school neighborhoods that include safe, walkable access to schools and connect to key community resources.</p> | <p>Plan for and incentivize access to healthy and affordable foods in areas that have historically lacked access.</p> |